

MSF Weekly Snack March 23, 2026

Mon. – March 23

Apples
Carrots
Nuts
Ritz crackers

Tues. – March 24

Oranges
Peppers
Hummus
Pretzels

Wed. - March 25

Strawberries
Pickles
Cheese
Woven crackers

Thurs. - March 26

Melon
Cucumbers
Nuts
Veggie Straws

Fri. - March 27

Blueberries
Walnuts
Yogurt w/ honey
Granola

Junior Prep

Monday:

Prep Oranges
Prep Peppers

Tuesday:

Prep strawberries

Wednesday:

Prep melon
Prep cucumbers

Thursday:

Wash berries
Prep cups with yogurt for EC only
(label for DF)
EI & JR - Lg. bowl of yogurt mixed with honey