

MSF Weekly Snack March 16, 2026

Mon. – March 16

Apples
Carrots
Cheese cubes
Crackers

Tues. – March 17

Melon
Cucumbers
Hummus
Pretzels

Wed. - March 18

Oranges
Snap peas
EC & EL- Assorted Nuts
JR- Bird seed bars
Oyster crackers

Thurs. - March 19

Strawberries
Salsa
Beans
Tortilla chips

Fri. - March 20

Grapes
Bell peppers
Quesadillas (cheddar cheese & soft tortillas)

Junior Prep

Monday:

Prep Melon
Prep Cucumbers

Tuesday:

Prep oranges
Assemble Bird Seed Bars (Toni & Lauren)

Wednesday:

Prep Strawberries
Wash and combine beans

Thursday:

Wash grapes
Prep Peppers
Prep Quesadillas (Toni & Lauren)