

MSF Weekly Snack December 15-19, 2025

Mon. – Dec. 15

Apples
Carrots
Cheese cubes
Crackers

Tues. – Dec. 16

Bananas
Cucumbers
Walnuts
Veggie Straws

Wed. - Dec. 17

Berries
Pickles
Sunflower Seeds
Crackers

Thurs. - Dec. 18

Grapes
Cherry Tomatoes
Cream Cheese on Bagels (sub GF &DF)

Fri. - Dec. 19

Leftover Fruit
Leftover Veg. & Salsa
Nuts & leftover Cheese
Crackers

Junior Prep

Monday:

Prep cucumbers

Tuesday:

Wash Berries
Prep Pickles
(pull bagels out of freezer for tomorrow)

Wednesday:

Wash & Prep Grapes
Prep Cream cheese and Bagels
(sub GF and DF)

Thursday:

Check the leftover fruit and veg. and see if there is anything to prepare.