

MSF Weekly Snack January 5, 2026

Mon. – Jan. 5

Canned Pineapple
Frozen Peas
Nuts
Crackers

Tues. – Jan. 6

Apples
Cucumbers
Cheese
Crackers

Wed. - Jan. 7

Berries
Carrots
Cream cheese on bagels

Thurs. - Jan. 8

Grapes
Peppers
Hummus
Pretzels

Fri. - Jan. 9

Oranges & Leftover Fruit
Leftover Veg. & Salsa
Beans
Tortilla chips

Junior Prep

Monday:

Prep cucumbers
Take the bagels out of the freezer & 1 GF

Tuesday:

Wash Berries
Prep cream cheese on bagels (sub GF& DF)

Wednesday:

Wash & Prep Grapes
Prep peppers

Thursday:

Prep Oranges
Prep leftover Veg.
Wash Beans and mix