

MSF Weekly Snack May 11, 2026

Mon. – May 11

Apples
Carrots
Cheese cubes
Pretzels

Tues. – May 12

Watermelon
Snap peas
Nuts
Crackers

Wed. - May 13

Berries
Peppers & extra Cucumbers
Tzatziki Sauce
Tortilla Chips

Thurs. - May 14

Grapes
Avocado Toast (EC only)
Nuts
Peanut butter on English muffins (EL & Jr)

Fri. - May 15

Cantaloupe
Pickles
Nuts
Crackers

Junior Prep

Monday:

Prep Watermelon

Tuesday:

Wash Berries
Prep peppers
Make tzatziki sauce (shred cucumber, zest lemon, mince garlic, chop dill, mix with yogurt)

Wednesday:

Wash grapes
Prep PB on english muffin (EL & Jr Only)

Thursday:

AM PREP TONI:

Toast in oven, Slice Avocado (EC Only)

PM PREP:

Prep Cantaloupe